

FREE  
WIFI  
AVAILABLE

# THE MENU

BREAKFAST . LUNCH . DINNER



THE WEIR

COFFEE HOUSE . BISTRO . WILDLIFE CENTRE

# BREAKFAST

Available 9am-11:30am

## Something cooked

### TRADITIONAL ENGLISH BREAKFAST

£11.70

Two rashers of Cornish smoked bacon, Marhamchurch sausage, hog's pudding, field mushroom, grilled tomato, two hash browns, baked beans & two local free range fried or poached eggs with white or granary toast

### SMALL ENGLISH BREAKFAST

£8.95

One rasher of Cornish smoked bacon, Marhamchurch sausage, hash brown, baked beans & one local free range fried or poached egg with white or granary toast

### VEGETARIAN BREAKFAST

£9.75

Two vegetarian sausages, field mushroom, grilled tomato, two hash browns, baked beans & two local free range fried or poached eggs with white or granary toast

### VEGAN BREAKFAST

£9.75

Two vegetarian sausages, field mushroom, grilled tomato, two hash browns, baked beans & scrambled tofu with white or granary toast

### EGGS BENEDICT

£10.70

Cornish smoked bacon, free range poached eggs, English breakfast muffin, hollandaise sauce

Add smashed avocado

£1.50

### EGGS ROYALE

£10.70

Cornish smoked salmon, free range poached eggs, English breakfast muffin, hollandaise sauce

Add smashed avocado

£1.50

## Lighter breakfasts

### CORNISH SMOKED BACON SANDWICH OR ROLL

£5.95

Served on buttered white or granary bread or in a white roll

### MARHAMCHURCH SAUSAGE SANDWICH OR ROLL

£5.95

Served on buttered white or granary bread or in a white roll

### LOCAL FARM FRESH FRIED OR POACHED EGGS ON TOAST

£5.95

Served on buttered white or granary toast

Add Cornish smoked bacon (two rashers)

£1.85

Add smashed avocado

£1.50

### BAKED BEANS ON WHITE OR GRANARY TOAST

£5.95

## Healthier options

### HOMEMADE GRANOLA

£7.25

Served with fresh, seasonal fruit, Whalesborough honey & Trewithen Dairy natural yoghurt

### OVERNIGHT OATS

£6.25

Please see our specials board, or ask a member of staff for flavours and allergen information

## Toast, teacake & preserves

### ONE OR TWO SLICES OF WHITE OR GRANARY TOAST


£1.30/£2.10

With Cornish butter

### TOASTED TEACAKE

£3.20

With Cornish butter

Tiptree marmalade, strawberry jam  or honey portion

£0.90

Marmite portion  

£0.55

Unfortunately, we cannot swap items from dishes on the breakfast menu. This is due to convenience and cost of items and helps us to avoid delays and ensure our produce is served to the highest possible standard.

HOWEVER, YOU ARE WELCOME TO ADD EXTRAS TO ANY BREAKFAST FOR AN ADDITIONAL FEE.



VEGETARIAN



VEGAN

Please advise on any dietary requirements before ordering and ask a member of the team for any allergen information you may require. Gluten free bread available on request. All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. Please be patient during busy periods. All our food is prepared fresh to order. Thank you.

# LUNCH

Grab some 12 - 3pm

## Soup, starters & sharing

- HOMEMADE SOUP** £6.95  
With savoury scone or crusty bread
- BREAD & OLIVES** £7.75  
Houmous, garlic oil, aged balsamic, Cornish dukkah
- ANTIPASTI TO SHARE** £15.95  
Cured Cornish meats, Whalesborough cheese, charred vegetables, olives, cornichons, bread, rocket, basil oil, grissini

## Sandwiches & jackets

Choose from white or granary bread or a jacket potato (£1.85 supplement)

- HAM & GRAIN MUSTARD** £7.50
- CHICKEN, SMOKED BACON & MAYO** £7.85
- CORNISH CHEDDAR & LOCALLY MADE CIDER & APPLE CHUTNEY** £6.50
- TUNA MAYONNAISE & CRESS** £6.50
- HOUMOUS, SUNDRIED TOMATO & ROCKET** £6.40
- CORNISH CRAB** (when available) £10.50

## Panini

- BRIE, BACON & RED ONION MARMALADE** £7.50
- CORNISH CHEDDAR, AVOCADO & SUNDRIED TOMATO** £7.85
- Add chicken £1.35
- TUNA, RED ONION & CORNISH CHEDDAR** £8.50

## Burgers

- WARREN'S 6OZ STEAK BURGER** £14.50  
Smoked bacon, cheese, gherkins, coleslaw & chunky chips
- FARMER DAN'S WHALESBOROUGH LAMB BURGER** £14.50  
Grilled halloumi, mint yoghurt, mixed leaves, cucumber, coleslaw, homemade sweet potato wedges
- GARLIC MUSHROOM & HALLOUMI BURGER** £13.95  
Pesto, rocket, coleslaw, chunky chips
- VEGAN PLANT BASED BURGER** £13.95  
Vegan cheddar, gherkins, rocket, vegan coleslaw & chunky chips

## Salads

Pick a salad and add any extra of your choice from the selection below

- WEIR COUNTRY SALAD** £8.90  
Mixed salad leaves, cherry tomatoes, cucumber, pickles, homemade coleslaw, crusty bread & Cornish butter
- SUPERFOOD SALAD** £12.95  
Toasted nuts & seeds, pomegranate, toasted crostini, basil oil, balsamic vinegar
- Add chicken, Tregida smoked mackerel, smoked salmon, Whalesborough cheese (Miss Muffet & Smuggler), ham & Cornish cheddar £2.95 each

## Favourites

- FISH & CHIPS** £15.95  
Crispy coated fish of the day, chunky chips, homemade pea purée & tartare sauce
- MACARONI CHEESE** £12.75  
Cornish smuggler, cheddar, garlic bread, salad garnish
- Add Cornish smoked bacon £1.75
- CORNISH BAKED HAM** £10.95  
Two free range eggs & chunky chips

## Kids lunch selection

- HAM, EGG & CHIPS** £7.20
- CHICKEN GOUJONS CHIPS & BEANS** £7.20
- MACARONI CHEESE & SALAD GARNISH** £7.20
- JACKET POTATO, CHEESE & BEANS** £7.20
- FISH FINGERS, CHIPS & PEAS** £7.20
- SANDWICH & CRISPS** £5.50
- KID'S EXTREME ICE CREAM** £4.95  
Two scoops of ice cream, marshmallows, whipped cream, strawberry sauce & sprinkles

## Lighter bites/sides

- CHEESY CHIPS** £4.50
- CHUNKY CHIPS** £3.95
- HALLOUMI FRIES** £4.95
- GARLIC BREAD** £4.35
- ROCKET & PARMESAN OR SIDE SALAD** £3.75
- HOMEMADE COLESLAW** £2.65

## Delicious cream teas until 4.30pm

- CORNISH CREAM TEA** £7.65  
Two plain or fruit scones, strawberry jam & clotted cream. Pot of tea
- GINGER CREAM TEA** £7.65  
Two ginger scones, Tiptree honey & clotted cream. Pot of tea
- WEIR CHEESE TEA** £7.65  
Two cheese scones, chutney & Cheddar. Pot of tea
- TOASTED TEACAKE & BUTTER** £3.20
- HOMEMADE CAKES & BAKES** See cake counter

## To start

<b>BREAD &amp; OLIVES</b>  	<b>£8.25</b>
Hummus, garlic oil, aged balsamic & Cornish dukkah	
<b>SOUP OF THE DAY</b>	<b>£6.95</b>
With Electric Bakery sourdough bread	
<b>GARLIC BREAD</b> 	<b>£4.75</b>
<b>WHALESBOROUGH GOATS CHEESE &amp; RED ONION TART</b> 	<b>£8.75</b>
Rocket, balsamic & grilled vegetables	
<b>KING PRAWNS IN FILO PASTRY</b>	<b>£8.75</b>
Sweet chilli dipping sauce & rocket	
<b>ANTIPASTI TO SHARE</b>	<b>£15.95</b>
Cured Cornish meats, Whalesborough cheese, charred vegetables, olives, cornichons, bread, rocket, basil oil, grissini	




## From the kitchen

<b>FARMER DAN'S WHALESBOROUGH LAMB SAUSAGE &amp; CORNISH CHEDDAR MASH</b>	<b>£15.75</b>
With red onion gravy.	
<b>CHIMICHURRI CHICKEN CHORIZO &amp; PEPPER SKEWER</b>	<b>£19.50</b>
With chunky chips, salad & coleslaw	
<b>MOVING MOUNTAINS PLANT BASED BURGER</b>  	<b>£15.75</b>
Vegan cheddar, gherkin & rocket With chunky chips, salad & vegan coleslaw	
<b>HARISSA BAKED SALMON</b>	<b>£18.75</b>
Charred vegetables, chorizo, sauteed potatoes, avocado pea & mint puree	
<b>SUPERFOOD SALAD</b>  	<b>£12.95</b>
Grilled vegetables, quinoa, edamame, toasted nuts & seeds, pomegranate, toasted crostini, basil oil & balsamic	
Add chicken OR smoked mackerel	<b>£2.95</b>
<b>GOATS CHEESE TART</b> 	<b>£4.25</b>
<b>MACARONI CHEESE</b> 	<b>£13.50</b>
Cornish cheddar, garlic bread, salad garnish	
Add smoked bacon	<b>£1.75</b>





## From the Parilla grill

<b>32OZ TOMAHAWK STEAK</b>	<b>£57.95</b>
Serves two. Cooked medium-rare, takes 40 minutes (Pre-orders only)	
<b>SIRLOIN 10 - OZ</b>	<b>£22.95</b>
<b>RUMP 10 - OZ</b>	<b>£18.95</b>
<b>FISH OF THE DAY</b>	<b>£24.95</b>
(Depending on availability) Bones mostly removed	
<b>6OZ WARRENS STEAK BURGER</b>	<b>£15.75</b>
Monterey Jack, gherkins & smoked bacon	
<b>6OZ WOODLAND VENISON HAUNCH STEAK</b>	<b>£20.95</b>
<b>FARMER DAN'S WHALESBOROUGH LAMB BURGER HARISSA MAYO &amp; ROCKET</b>	<b>£15.75</b>
All the above served with chunky chips, salad & coleslaw. Steaks also served with mushrooms, grilled tomato & onion rings.	
Add brandy, cream & black peppercorn sauce	<b>£2.50</b>

## Kids dinner selection

<b>CHICKEN GOUJONS &amp; FRIES</b>	<b>£7.20</b>
Baked beans, peas or salad garnish	
<b>VEGETABLE NUGGETS &amp; FRIES</b>  	<b>£7.20</b>
Baked beans, peas or salad garnish	
<b>BEEF BURGER &amp; FRIES</b>	<b>£7.20</b>
<b>FISH FINGERS &amp; FRIES</b>	<b>£7.20</b>
Baked beans, peas or salad garnish	
<b>MACARONI CHEESE</b> 	<b>£7.20</b>
With salad garnish	

## Sides

<b>DUCK FAT HOMEMADE ROAST POTATOES</b>	<b>£5.25</b>
<b>CHUNKY CHIPS</b> 	<b>£4.25</b>
<b>HOMEMADE COLESLAW</b> 	<b>£2.65</b>
<b>GARLIC BREAD</b> 	<b>£4.75</b>
<b>DIRTY FRIES</b>	<b>£4.95</b>
<b>COWBOY BEANS</b>	<b>£4.25</b>
<b>CHARGRILLED CHORIZO</b>	<b>£2.95</b>
<b>CORNISH CHEDDAR MASH POTATO</b>	<b>£4.95</b>
<b>CHARGRILLED VEGETABLES</b> 	<b>£3.95</b>

## Sweet things

<b>SELECTION OF PUDDINGS &amp; DESSERTS</b>	<b>£6.35</b>	<b>CORNISH ICE CREAMS &amp; SORBETS</b>	<b>£2.55</b>
Ask staff for availability		Ask staff for availability	
		Extra scoop	<b>£1.70</b>

# HOT BEVERAGES & SOFT DRINKS

## Coffee

ESPRESSO	single £2.90	double £3.10
ESPRESSO MACCHIATO	single £3.10	double £3.25
FILTER COFFEE	small £2.85	large £3.10
AMERICANO	small £2.95	large £3.10
LATTE	small £3.40	large £3.85
CAPPUCCINO	small £3.40	large £3.85
MOCHA	small £3.40	large £3.85
FLAT WHITE		£3.95
EXTRA SHOT		£0.80
SYRUPS 25ML		£0.95

Gingerbread, vanilla, caramel, hazelnut, wild mint

## Clipper Fairtrade teas & herbal infusions

ENGLISH BREAKFAST TEA POT FOR ONE	£3.10
ENGLISH BREAKFAST TEA POT FOR TWO	£4.10
DECAFFEINATED TEA POT FOR ONE	£3.10
EARL GREY POT FOR ONE	£3.10

## Cornish loose leaf tea blends

GUNPOWDER GREEN TEA	£3.30
RED BERRY & HIBISCUS	£3.30
CHAMOMILE	£3.30
PEPPERMINT	£3.30

## Sweet drinks

HOT CHOCOLATE	small £3.10	large £3.85
THE FULL WORKS	small £3.50	large £4.35
HOT CHOCOLATE Baby marshmallows & whipped cream		
CHAI LATTE	small £3.10	large £3.95
BABYCCINO		£1.75
Add whipped cream or marshmallows		£0.30

## On tap

COCA COLA / DIET COKE	small £2.75	large £3.95
LEMONADE	small £2.75	large £3.95
ORANGE JUICE		£2.80
APPLE JUICE		£2.80
ORANGE JUICE & LEMONADE		£2.80
SODA WATER		£1.75
SODA WATER & LIME		£2.35

## From the bottle

SPRING WATER	small £2.30	large £3.50
Still/sparkling		
FOLKINGTON'S TONIC WATER		£1.90
FOLKINGTON'S LIGHT TONIC WATER		£1.90
LUSCOMBE SICILIAN LEMONADE		£3.25
LUSCOMBE RASPBERRY LEMONADE		£3.25
LUSCOMBE GINGER BEER		£3.25
CORNISH ORCHARDS SPARKLING ELDERFLOWER		£3.10
APPLETISER		£2.80
J2O ORANGE & PASSION FRUIT		£2.85
J2O APPLE & MANGO		£2.85
J2O APPLE & RASPBERRY		£2.85

## For the little ones

FRUIT SHOOT	£1.90
Apple & blackcurrant, orange or summer fruits	
BLACKCURRANT OR ORANGE CORDIAL	£0.90
GLASS OF MILK	£1.50
CRUSHA FLAVOURED MILK	£2.60
Chocolate, strawberry, banana	
Add whipped cream	£0.30
CAWSTON PRESS FRUIT FLAVOURED WATER	£1.70
Apple & pear or apple & summer berries	

Oat and Soy milk available on request

### CORNISH HAND ROASTED COFFEE

Cornish Coffee strives to source some of the finest coffees from individual coffee farms and co-operatives from around the world. It's a journey of unearthing great tasting coffee & celebrating the country of origin whilst roasting with all our sense & know-how to bring out those flavours.

All coffees are available as decaffeinated, please specify when ordering.

**CORNISH**  
COFFEE

# ALCOHOLIC DRINKS

## From the bottle

<b>TRIBUTE</b> 4.2% 500ml	<b>£4.95</b>
<b>PROPER JOB</b> 5.5% 500ml	<b>£4.95</b>
<b>KOREV</b> 4.2% 500ml	<b>£4.95</b>
<b>BUDWEISER</b> 4.8% 330ml	<b>£4.10</b>
<b>PERONI (GLUTEN FREE)</b> 5.1% 330ml	<b>£4.20</b>
<b>NON-ALCOHOLIC SAN MIGUEL</b> 0.0% 330ml	<b>£3.45</b>

## On draught

<b>KOREV</b> 4.8%	half <b>£2.60</b> pint <b>£5.20</b>
<b>PROPER JOB</b> 4.5%	half <b>£2.60</b> pint <b>£5.20</b>

Draught selection subject to availability

## Cornish Orchard ciders

<b>GOLD</b> 5.0% 500ml	<b>£4.95</b>
<b>BLUSH</b> Apple & raspberry 4.0% 500ml	<b>£4.95</b>

## Spirits

<b>JAMESON</b> 25ml	<b>£3.20</b>
<b>GORDONS</b> 25ml	<b>£2.95</b>
<b>SMIRNOFF</b> 25ml	<b>£2.95</b>
<b>JACK DANIELS</b> 25ml	<b>£3.10</b>
Add Coca Cola/lemonade mixer	<b>£1.30</b>

### SUSTAINABLE FARMING

All our Wholesborough and Farmer Dan's animals are grazed on our local permanent meadow grass pasture, our 100% outdoor grass-reared lamb and beef develops its great taste, maturing slowly at its own pace. We produce a highly sustainable, low intensity product with the highest of animal welfare standards. We have footpaths that run through our fields down to the rugged shores of Widemouth Bay. We believe being this close to the coast adds flavour and texture to our meat. We are forward thinking modern farmers underpinned by traditional values. This is mirrored in our butchering which is carried out in a traditional fashion by our artisan butcher just 9.8 miles from the farm giving us minimum food miles and allowing us to support local, keeping quality to a premium. Selected meat dishes are from Wholesborough Farm.



### KEEPING IT LOCAL

We are proud to use, and support these local suppliers, who are all based within a 25 miles radius of The Weir - Neetfield Market Garden, Land Meets Sea, Wholesborough Cheese, Snout & Trotter, The Cornish Honey Company, Chadds, Cornish Farmhouse Bacon, B.A.Strout, Tregida Smokehouse, Phillip Warren Butchers, Cornish Delicacies & Woodland Cornish Venison.

### WHALESBOROUGH CHEESE

Cornish Smuggler, Miss Muffet & Nanny Muffet are amongst some of the award winning cheeses we use on our menu from this local cheesemaker.



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